

LIFE GROUP QUESTIONS

"Hope in God"

04.24.16

Prayer & Scriptural Review:

1. Pray for God's help as you begin. Ask God to open the eyes of your heart, convict your conscience and give you faith to hope more fully in Him.
2. Read Psalm 42 two times out loud together
3. Have one or two people summarize the Psalm in their own words
4. Describe the Psalmist's circumstances. Why is he distraught?
5. In verse 5 and 11, he tells his soul to "hope in God." What might he be hoping in instead? Support your answer from Psalm 42.
6. When the Psalmist writes the command, "hope in God." To what/whom is he speaking? Why is this significant?

Theological Reflection:

7. What are the differences between sorrow, grief, and despair?
8. Do you believe the Christian has a justifiable reason to despair? Why or why not? What Scripture passages support your answer?

Personal Application:

9. Share a time in your life when you faced deep discouragement or great despair. What might you have been hoping in that had lead your soul to despair?
10. What will you do this week to help you hope in God by remembering (preaching to yourself) his promises & character?
11. Who can you encourage this week with Psalm 42:11?

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